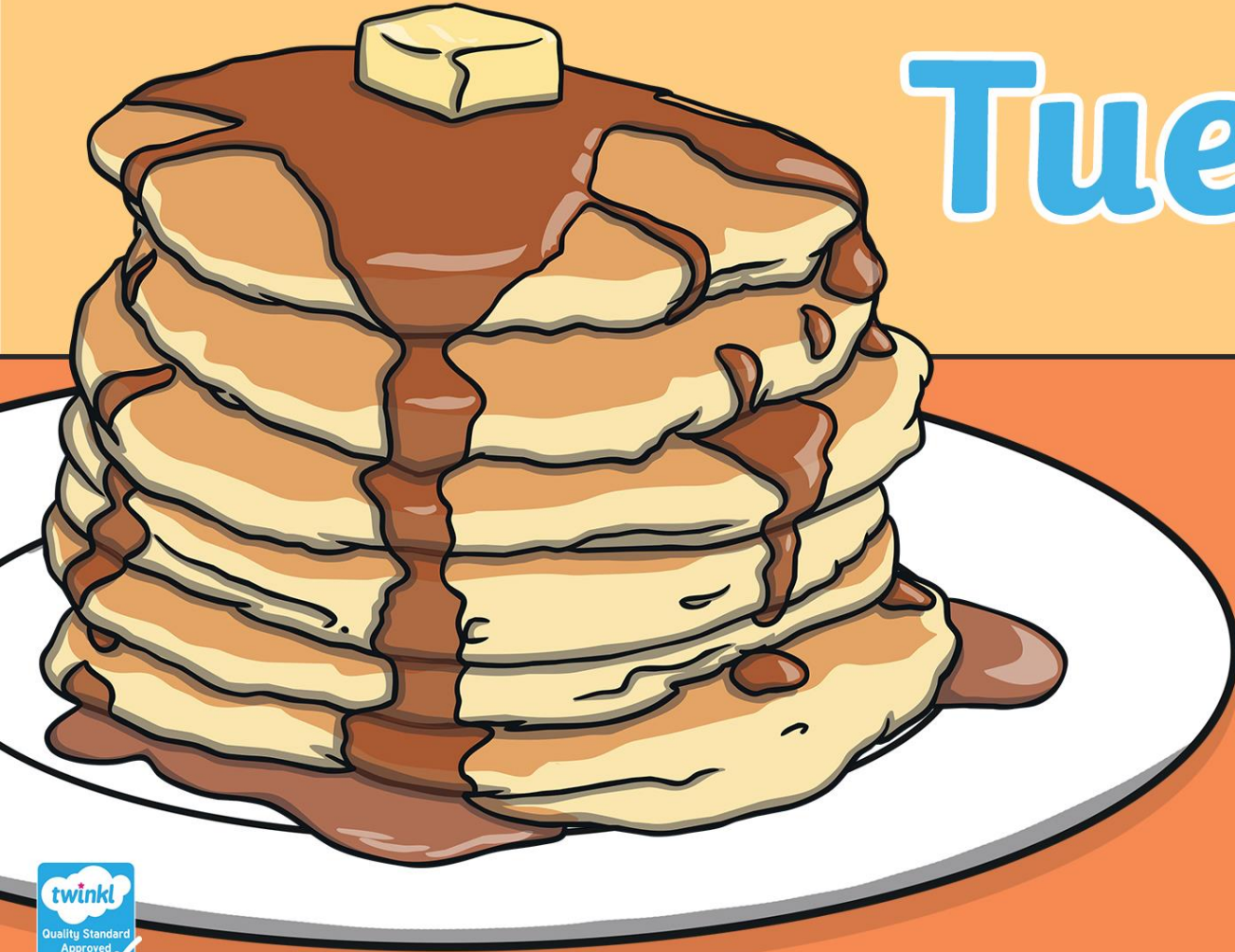


Shrove Tuesday

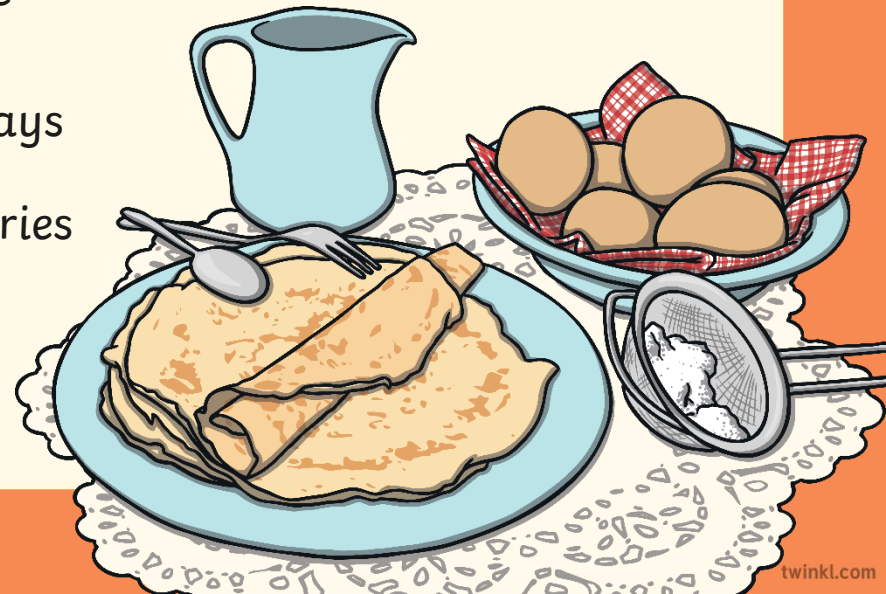


Aim

- How is Shrove Tuesday celebrated around the British Isles?

Success Criteria

- To learn about why people celebrate Shrove Tuesday.
- Understand some of the different ways in which Shrove Tuesday has been celebrated in each of the four countries of the United Kingdom.



Starter Activity

What do you know about Shrove Tuesday?



A Few Facts

Shrove Tuesday is also known as Pancake Day.

It is the last day before Lent begins.

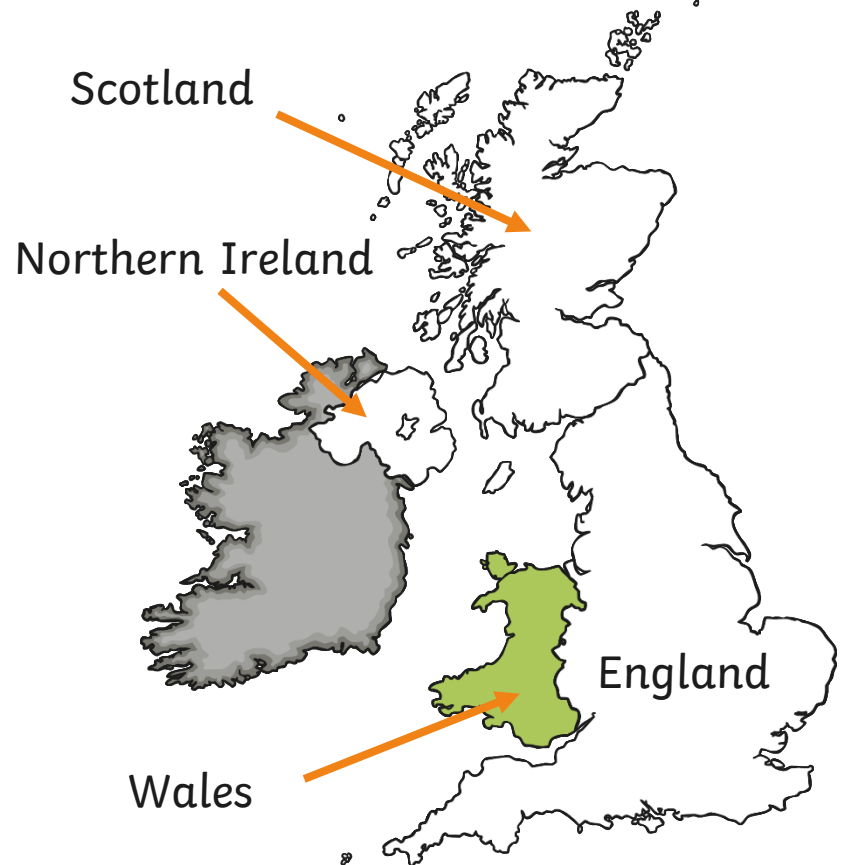
Lent is the Christian period leading up to Easter, when people often give up something.



In the past people were not allowed to eat foods such as eggs, so to use them before Lent began, people would mix them with other rich foods such as milk, flour and butter to make pancakes.

Shrove Tuesday around the UK

What are the four countries of the United Kingdom?

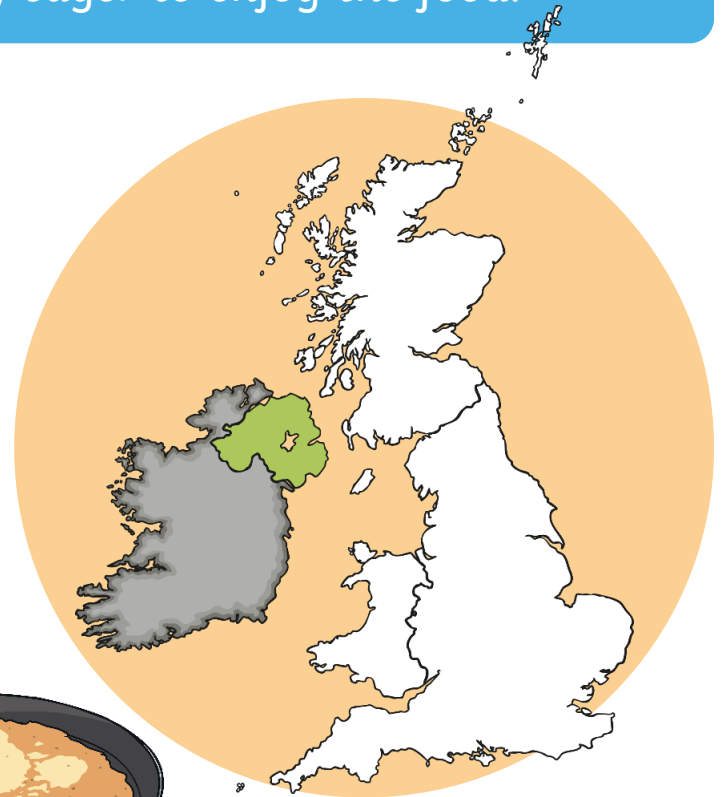
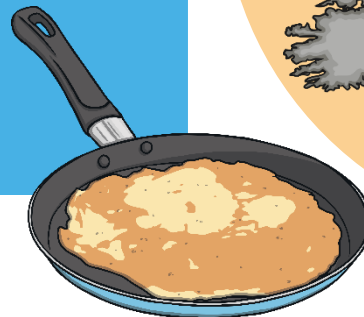


Northern Ireland

In the past, pancakes were cooked over a fire, which families and friends would gather around, eager to enjoy the food.

The eldest unmarried daughter of the family would toss the first pancake.

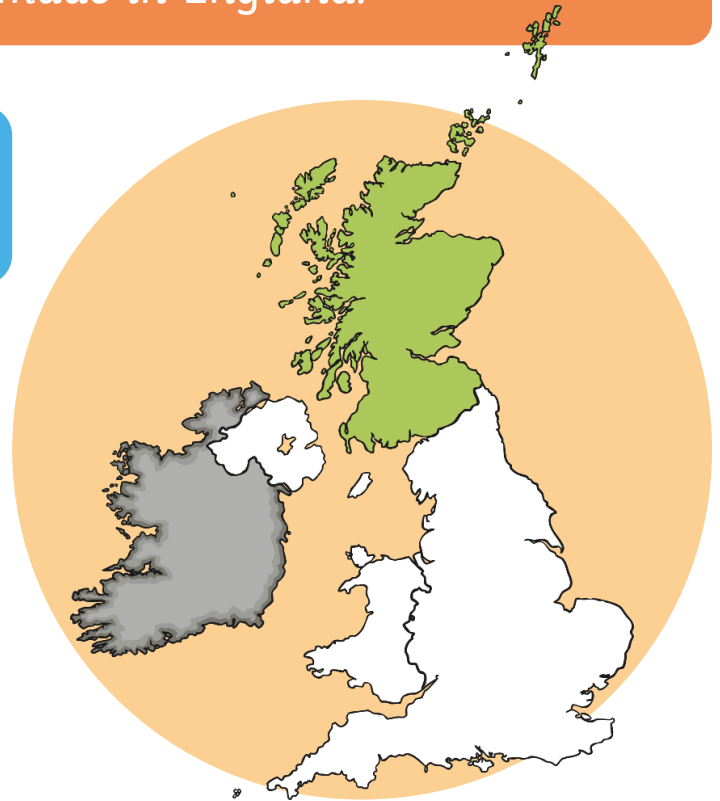
It was thought that if she tossed it and it landed back in the pan she would be married that year, but if it didn't turn over when tossed or she dropped it, she would stay single.



Scotland

Scottish pancakes are much smaller and thicker than traditional pancakes which are often made in England.

In some parts of Scotland they are called “drop scone” or “dropped scone.”



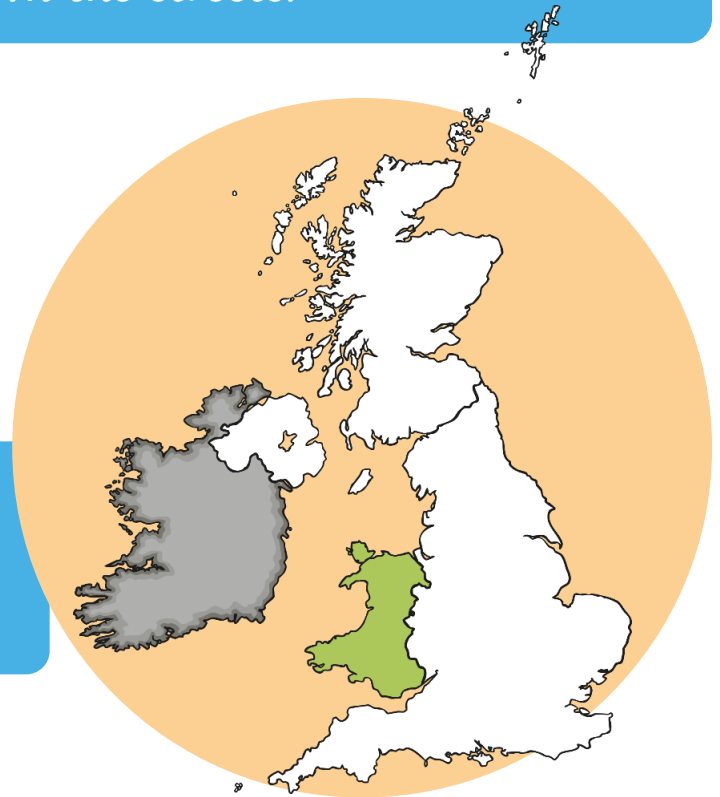
Wales

On the evening before Shrove Tuesday, in some parts of Wales tin cans were kicked up and down the streets.

It is thought this was to remember the task of putting away all the pots, pans and utensils used to make the tastier food that was not allowed to be eaten during the period of Lent.

Crempogs, also known as ffroes, are thicker than the traditional English-style pancakes often eaten on Pancake Day.

Traditionally, they were cooked on a cast-iron bake stone, griddle or 'planc'.

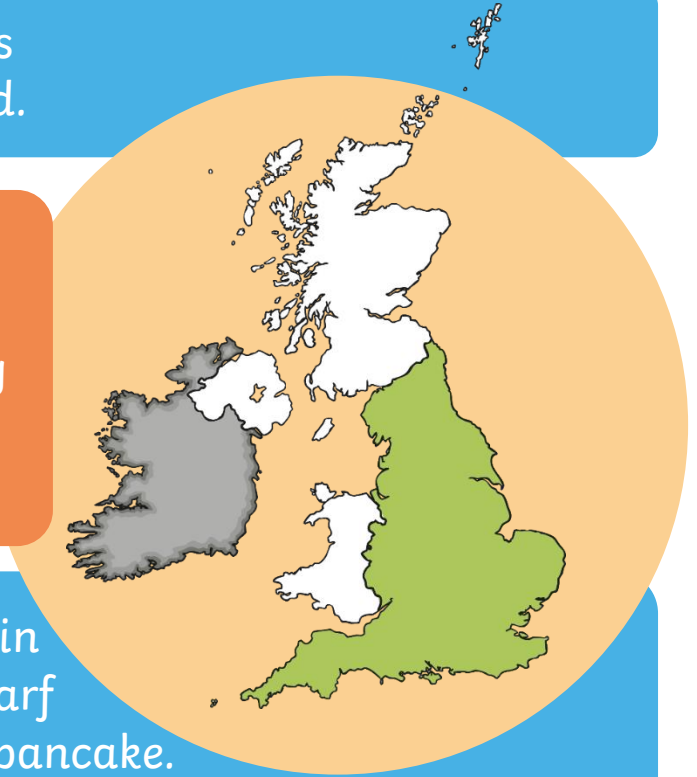


England

One of the most famous pancake races takes place in Olney in Buckinghamshire, England.

According to tradition, in 1445 a woman living in Olney heard the church bell while she was making pancakes and, not wanting to be late for the service, ran to the church in her apron, still holding her frying pan!

Today, women who live in Olney take part in the race, wearing an apron and a hat or scarf and of course carrying a pan containing a pancake. They must flip their pancakes three times during the race. The first person to cross the finish line at the church and receive a kiss from the vergger wins the race!



Pancake Races

Across the United Kingdom, pancake races have often been part of the celebrations.

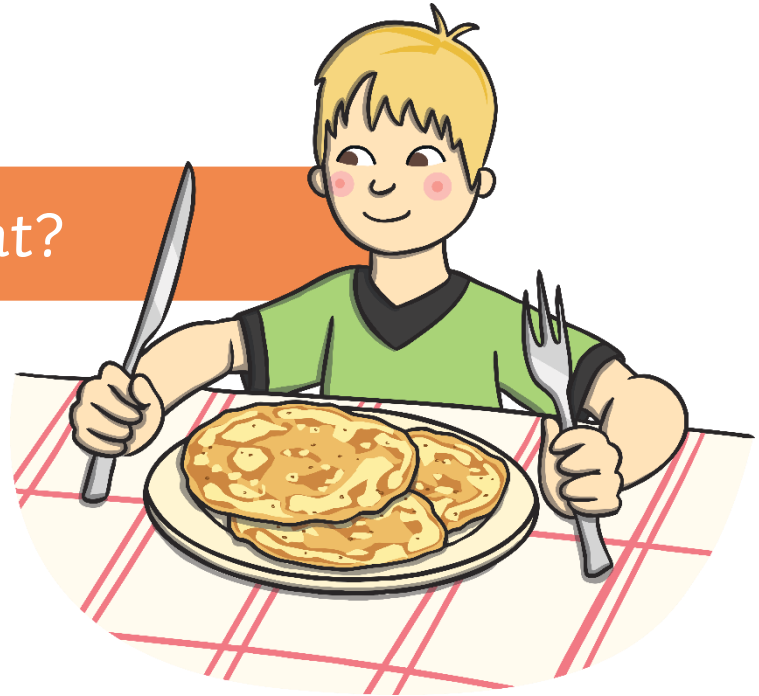
People run (often dressed in costumes or fancy dress) whilst tossing a cooked pancake in a frying pan at the same time.

The first person to cross the finish line is the winner.



Quiz Time!

How many can you get right?





When is Shrove Tuesday?

A

The day before
Christmas day.

B

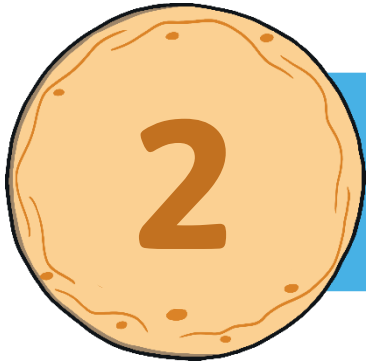
It is the last day before
Lent begins.

C

The first day of the
year.

D

The last day of the year.



How many countries are
in the United Kingdom?

A

2

B

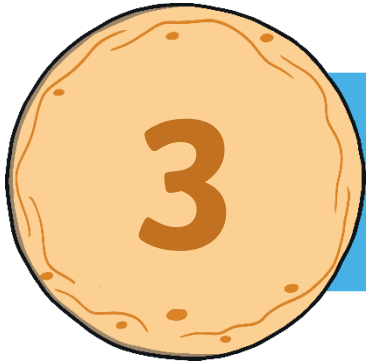
6

C

1

D

4



In some parts of Scotland, what are Scotch pancakes also known as?

A

fairy cakes

B

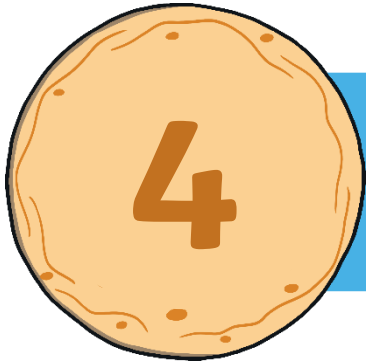
drop scones

C

biscuits

D

flapjacks



What were Welsh crempogs traditionally cooked on?

A

tray

B

saucepan

C

cast-iron bake stone,
griddle or 'planc'.

D

shelf



5

During a traditional pancake race what would contestants usually do?

A

run whilst tossing their pancakes in a pan

B

stand still

C

eat all of the pancakes

D

cook pancakes

