

Learn about kindness and carry out kind acts during the summer.

Use the calendar to record your plan for the week ahead and write in your own kind acts every day. You can tick off what you have achieved over the week.











Monday

**Tuesday** 

Wednesday

**Thursday** 

Friday

4

2

3

4

5

15 (years) the power of kindness





on your week of kindness – being kind sends a powerful message about our connections to each other and the world around us.

