

Your School Nurse

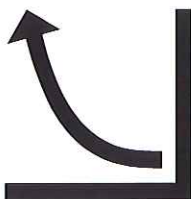
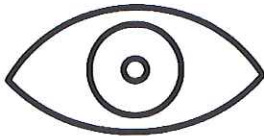
What we can offer you:

Children will have their **height and weight** measured in reception and year 6 (unless opted out of). More information and help can be found at [National Child Measurement Programme - NHS Digital](#)

Advice, support, and **signposting** to resources **on toileting, behaviour, healthy lifestyles, emotional and mental well being.**

Our Emotional health and wellbeing lead nurse also runs a **clinic for parents every Monday**, 9-2pm at Sutton Hill Medical Practice (online appointments also available upon request via the number below).

Ask your school to refer in or self-refer by calling **0333 358 3328**



What we don't do:

We no longer check hearing and sight in reception

We are not a diagnostic service however we are able to sign-post to appropriate services/support

How and when to get your child's eyesight checked:

- You can attend most opticians and book a sight check for your child
- Please follow this link to find a local optician: [Sight Tests - NHS \(www.nhs.uk\)](#)
- Checks are free on the NHS for children
- It is best to get your child's sight checked before they start school and then yearly thereafter.
- They will ensure your child's sight and eye health is monitored and issue glasses if required.

How to get my child's hearing checked:

- Should you notice an issue with your child's hearing, or you are alerted by school there maybe an issue you should attend your local GP who will be able to examine the ear canal and rule out infection. The GP can also refer for a hearing test if necessary.
- A school nurse can also do an audiology referral